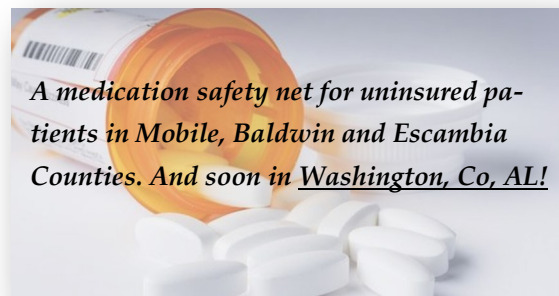




The Ozanam Prescription



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Lead Pharmacy Technician

109 S. Cedar St.

Mobile, AL 36602

Phone: 251.432.4111

Fax: 251.445-0981



Today's Challenges of Health Care

What to do if you find yourself not being able to afford your medication

Ozanam Charitable Pharmacy

Ozanam Charitable Pharmacy focuses primarily on maintenance medications for chronic illnesses – such as heart disease, diabetes and high blood pressure. Each year, over 1,690 patients rely on Ozanam to get their medications so they do not have to choose between feeding their families and managing their illnesses. Ozanam assistance is based on household income with all services and medication at no cost to you. Call Ozanam at 251.432.4111 to see if you qualify! In addition, you can dial 211, A United Way Agency for other additional services. Lastly, Check your local grocery stores for free and reduced cost of medication.

Ask Your Doctor

Another option is if you are only taking the medication for a short time, your doctor may have free samples on hand. The doctor's office staff may also know about local resources that you can use to save on medication. The staff is likely to be able to give you help and suggestions without an office visit.

Is a Generic Version Available?

It is likely your pharmacist will suggest this if your doctor does not. However, if neither of them mentions it, do not be afraid to ask. They have many patients who are on a budget and they will understand.

NeedyMeds

A great website to check is NeedyMeds.org. This site has listings of hundreds of medications, with information about discounts and assistance specific to each medication. They also have a prescription discount card which is free to all.

Who is Frédéric Ozanam?

Frédéric Ozanam always respected the poor while offering whatever service he could. Each man, woman, and child was too precious to live in poverty. Serving the poor taught Frédéric something about God that he could not have learned elsewhere. Blessed Frédéric Ozanam's Story. Frédéric was the fifth of Jean and Marie Ozanam's 14 children, one of only three to reach adulthood. As a teenager he began having doubts about his religion. Reading and prayer did not seem to help, but long walking discussions with Father Noirot of the Lyons College clarified matters a great deal. Frédéric wanted to study literature, although his father, a doctor, wanted him to become a lawyer. Frédéric yielded to his father's wishes and in 1831, arrived in Paris to study law at the University of the Sorbonne. When certain professors there mocked Catholic teachings in their lectures, Frédéric defended the Church. He and a friend began visiting Paris tenements and offering assistance as best they could. Soon a group dedicated to helping individuals in need under the patronage of Saint Vincent de Paul formed around Frédéric.

After Frédéric earned his law degree at the Sorbonne, he taught law at the University of Lyons. He also earned a doctorate in literature. Soon after marrying Amelie Soulacroix on June 23, 1841, he returned to the Sorbonne to teach literature. A well-respected lecturer, Frédéric worked to bring out the best in each student. Meanwhile, the Saint Vincent de Paul Society was growing throughout Europe. Paris alone counted 25 conferences. The New Era was dedicated to securing justice for the poor and the working classes. Fellow Catholics were often unhappy with what Frédéric wrote. Referring to the poor man as "the nation's priest," Frédéric said that the hunger and sweat of the poor formed a sacrifice that could redeem the people's humanity. In 1852, poor health again forced Frédéric to return to Italy with his wife and daughter. He died on September 8, 1853. In his sermon at Frédéric's funeral, Fr. Lacordaire described his friend as "one of those privileged creatures who came direct from the hand of God in whom God joins tenderness to genius in order to enkindle the world."



This portrait of Frédéric Ozanam was painted by Deacon Alexander Moore of St. Francis Xavier Parish in Mobile, AL. The painting hangs in the lobby of Ozanam Charitable Pharmacy.

<https://www.franciscanmedia.org>



From the Board of Directors

Dear Partners in the Mission,

On behalf of all those whom we serve thank you for continuing our mission of providing access to life-sustaining medication to the working poor, homeless, unemployed and those in need.

The pharmacy purchases generic medications with a focus on maintenance drugs for conditions such as high blood pressure, heart disease, diabetes, seizure disorders, stomach and gastrointestinal conditions, etc. We also solicit and receive donated sample brand-name medications from area physicians in our three-county service area of Mobile, Baldwin and Escambia Counties.

Thanks to your support we continue to partner with leading organizations like AT&T to expand our services to Washington County to provide even more life-saving medication to our uninsured patients. Keeping our patients connected to their prescription medications is a vital step in improving their lives and the overall health of our community. In the fiscal year 2018 (October 1, 2017 - September 30, 2018), Ozanam Charitable Pharmacy dispensed 31,000 generic medications to over 1695 patients in our Mobile, Baldwin and Escambia county service area. Also, our Access Your Rx Patient Assistance Program connected 404 patients to life-saving name brand medications directly from pharmaceutical manufacturers. These necessary medications would have cost our patients over \$2.8 million from retail pharmacies.

As President of the Board of Directors for the Ozanam Charitable Pharmacy and on behalf of the other Board of Directors members and the dedicated staff and volunteers of Ozanam Charitable Pharmacy, **we encourage you to visit our website.** We encourage you to contact the Pharmacy directly at (251) 432-4111 to learn more about our services and to learn how you can support this worthwhile charity.

Wiley Christian III

President

Celebrating the legacy of Reverend Dr. Martin Luther King

The Reverend Dr. Martin Luther King, Jr. became the predominant leader in the Civil Rights Movement to end racial segregation and discrimination in America during the 1950s and 1960s and a leading spokesperson for nonviolent methods of achieving social change. His eloquence as a speaker and his personal charisma, combined with a deeply rooted determination to establish equality among all races despite personal risk won him a world-wide following. He was awarded the Nobel Peace Prize in 1964 and was selected by Time magazine as its Man of the Year. His "I Have a Dream" speech, which is now considered to be among the great speeches of American history, is frequently quoted. His success in galvanizing the drive for civil rights, however, made him the target of conservative segregationists who believed firmly in the superiority of the white race and feared social change. He was arrested over 20 times and his home was bombed. Ultimately, he was assassinated on April 4, 1968, on the balcony of a motel where he was staying in Memphis.



A monument to Dr. King was unveiled in the national capital in 2012. Among the prominent legacies of his ability to organize and energize the movement for equality are the Civil Rights Act of 1964 and the Voting Rights Act of 1965. His birthday has become a national holiday, when government offices and many private businesses close to honor his memory. A portion of the Lorraine Motel, including two persevered rooms and the balcony on which he was assassinated, are part of the National Civil Rights Museum. King's birthplace is now part of the National Park System. His eloquent words live on, inspiring others who see injustices and seek to change them. It is impossible to imagine such sweeping change would occur as quickly as it did without a leader like Martin Luther King, Jr., driving it forward.

From the Directors Desk

Dear Friends,

We have had an outstanding year. This is due to YOU, our wonderful donors, volunteers, the board of directors and staff. This past year we celebrated 20 years of service to the community with a special Open House in November. Our patients, partners, and friends attended the event.

Ozanam Charitable Pharmacy continues to be the medication safety net for Mobile, Baldwin, and Escambia counties and soon Washington County for many still uninsured individuals who are unable to afford the premium in the health care market place. In the fiscal year 2018 (October 1, 2017-September 30, 2018), Ozanam Charitable Pharmacy dispensed 31,000 generic prescriptions, many of which were for a 90-day supply, to over 1690 patients which were a slight increase over last year. The number of prescriptions per patient has increased. We dispensed close to 2,500 more prescriptions than the previous year. In combination with our Access Your Rx Patient Assistance Program, which connects our patients to name brand prescription medicine from pharmaceutical and foundation Patient Assistance Programs, we provided residents in need in our three-county service area with nearly \$2.8 million in medication.

Also, we provided 59 patients with 45-minute Medication Therapy Management sessions to improve the patient's knowledge of their medication and treatment plan. We also educated our patients about their disease state and how to take their medication by utilizing 4th-year Pharmacy students from Auburn University Harrison School of Pharmacy. Two years ago, Ozanam Charitable Pharmacy started a research project with Mobile County Health Department. Members of the Gulf States Health Policy Center's Health Literacy Team (a partnership of representatives of University of South Alabama, Mobile County Health Department and Ozanam Charitable Pharmacy) designed a study to assess the degree to which pharmacists can improve health outcomes for vulnerable populations through treatment education. The focus of this study is to provide evidence that pharmacist-led care coordination and collaboration with the healthcare provider is essential in improving health outcomes through medication therapy management (MTM) for patient-reported outcomes via effective, timely provider level communication and maximizing utilization of health information technology. The goal is to enhance usual care practices, via directed exchange, between Ozanam Pharmacy and the Mobile County Health Department (MCHD) by providing access and securely collaborating electronically on disease state management for those with uncontrolled Type 2 Diabetes—improving the speed, quality, safety and cost of patient care. The Gulf States Health Policy Center one of the Seven National Institute for Minority Health and Health Disparities (NIMHD) TCCs supporting health policy research to improve health outcomes and reduce health disparities in the Gulf States.

This past year, our study gained national attention because of our ability to implement the research-based study by collaborating with various community leaders and academia. As a result, a manuscript was written and co-authored by a member of the coalition entitled "Developing a Productive Workgroup Within a Community Coalition: Transtheoretical Model Processes, Stages of Change, and Lessons Learned" in its current form for publication in Progress in Community Health Partnerships: Research, Education, and Action. This article appeared in the Gulf States Health Policy Center Special Issue of the Johns Hopkins Journal of Medicine. On April 30th we were invited to speak at the Gulf States Health Policy Center Symposium titled, Health Policy Affects Health Outcomes: Community Determinants of Health at the National Press Club in Washington DC. We are one of the panelists to discuss the theme issue of the journal, Progress in Community Health Partnerships, which highlights community and academic partnership in health policy research. Finally, we have joined a Hospital and Home Health Transitional Care Team to assist the area hospital systems using Ozanam Pharmacy has a resource to decrease hospital readmission. As a result, we certified eleven emergency room nurses to certify patients to make it a smooth transition for patients to receive medication from Ozanam Pharmacy.

We are so grateful for each of you and your support of Ozanam Charitable Pharmacy. I wish I could share with you the gratitude that our patients often express as we provide the care and medications your support makes possible. Your support makes a difference every day. On behalf of our patients and team, thank you.

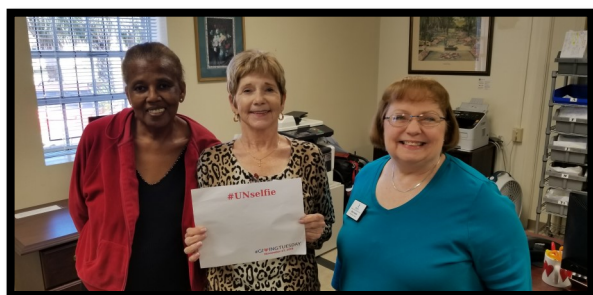
Shearie Archer

Executive Director



Financial Statement Statement of Activities For the Years Ended September 30, 2017 and 2018

Unrestricted Net Assets	<u>2018</u>	<u>2017</u>
Support and revenue:		
SARPC	\$50,000	\$50,000
City of Mobile	\$13,000	\$13,000
Mobile County	\$21,771	\$16,599
United Way	\$34,384	\$48,089
Contributions and grants	\$282,310	\$255,155
Contribution In Kind	\$1,904,435	\$1,333,728
Fundraising Income	\$17,575	\$38,724
Other income	\$929	\$1,548
Investment Income	\$827	\$376
Total unrestricted		
Support and revenue	\$2,325,231	\$1,757,219
Net assets released from restrictions	\$0	\$0
Expenses		
Program expenses	\$2,276,334	\$1,648,547
General and administrative	\$66,666	\$65,096
Total expenses	\$2,342,900	\$1,713,643
Change in net assets	(17,759)	(43,576)
Net assets, beginning of year	\$273,896	\$230,320
Net assets, end of year	\$256,137	\$273,896



Center for Healthy Communities Hosts Forum on Community-Engaged Scholarship

The University of South Alabama Center for Healthy Communities, in partnership with the USA Translational Research Service Center and the USA Office of Community Engagement, recently hosted its 3rd forum on community-engaged scholarship, "Building Blocks for Impactful Community Engagement Toward Health Equity."



According to Dr. Martha Arrieta, director of research at the USA Center for Healthy Communities and associate professor of internal medicine at the USA College of Medicine, this year's forum had a two-fold objective: to focus on key elements of community engagement that foster progression to health equity and to foster interconnections between researchers and community-based organizations working toward health equity in the community.

"Community engagement entails the building of bi-directional bridges between academia and its community of service in order to create a collaboration space where powerful synergy is possible through the creation of a dynamic interface between the expertise and resources of the university and the lived experience, practical knowledge and strong advocacy of community members," Dr. Arrieta said. "It is accepted that there is great potential in such collaboration to realize the changes - both within the university and the community - that move the needle towards health equity."

The morning keynote speaker was Dr. Tabia Henry Akintobi, professor of community health and preventive medicine, associate dean of community engagement, principal investigator and director of the Prevention Research Center at the Morehouse School of Medicine. She presented "Advancing Community-Campus Partnerships Towards Health Equity: A Reflection on Processes and Outcomes that Matter." The morning also featured a panel discussion by community engagement practitioners and an interactive poster session of projects that support community engagement. "Collaboration is at the heart of community engagement; however, it is not an easy proposition," Dr. Arrieta explained. "There is both science and art in the practice of collaboration."

To address this challenge, the forum's afternoon session featured Dr. Dale Ainsworth, a faculty member in health science at California State University, Sacramento. He presented "Big Problems - Big Solutions: Inter-organizational Networks and Wicked Problems." Following his presentation, forum attendees worked in small groups to evaluate key elements of successful collaborations.



A Road Map to Success:

Millicent Cassady

Ms. Millicent Cassady is a fourth-year pharmacy student at Auburn's Harrison School of Pharmacy and grew up in Gulf Shores, AL. Ms. Cassady is a graduate of Auburn University with a bachelors degree in Biomedical Sciences. Millicent has one younger brother and an older brother. Her personal philosophy is "Find the fun in everything. Fun creates enthusiasm and energy. And positive energy is contagious even during challenging issues."

What do you like most about Ozanam Pharmacy? "I love Ozanam's mission and being able to help patients with chronic medical conditions despite their financial situations."

What is your favorite meal?: "Fish, Brussel Sprouts and Sweet Potatoes"

What is your favorite movie?: "The Emperor's New Groove"

Do you have any pets? "I have a cat named Fitzgerald."

What is your most unusual or interesting job you have ever had?: "Working beach service."

What do you like to do for fun?: "Traveling and boating."

What do you like most about Ozanam Pharmacy? "The thing I like the most about Ozanam is the people who work here and volunteer. They are all very kind and welcoming and willing to teach me how the pharmacy works."



AUBURN UNIVERSITY
HARRISON SCHOOL OF PHARMACY

Did you know?

Mardi Gras started in Mobile, AL not New Orleans!

Mobile was founded by a young Frenchman named Jean-Baptiste Le Moyne de Bienville in 1700. Mardi Gras is a celebration that marked the beginning of Lent, the day before Ash Wednesday. The first masked ball in Mobile began in 1704, and the tradition of a parade started in 1711. The first float was a cart sporting a papier-mâché cow's head. The parade has evolved into something quite spectacular, featuring elaborate floats and costumes.

Mobile had been the original capital city of the French Louisiana territory, but its location made locals wary of destruction by hurricane. The capital was then moved to New Orleans in 1718, and the celebration followed. In 1866, the Mardi Gras parade was resurrected in Mobile. Those taking part in the parade were usually parts of secret societies, and each of these societies would create magnificent floats and costumes. While secret societies exist today, most are open to anyone who wants to join. This year's Mardi Gras season begins February 15-March 5, 2019. **Ozanam Pharmacy is closed March 4-5, 2019 for the Mardi Gras holiday.**



CALL FOR VOLUNTEERS

to help plan for our upcoming Spring fundraiser
"Jazz & Cocktails... A Rx for a Cause" in May 2019
2nd planning meeting

Date: Thursday, February 21st

Time: 3:30PM

Where: Ozanam Pharmacy

109 S. Cedar Street, Mobile, AL 36602

For more info call: (251) 721-0458 or email:
tcarroll@ozanampharmacy.org



Ozanam is looking for awesome sponsors for our Spring fundraiser and we want to personally reach out and see if you'd like to be involved! If you or your com-

pany is interested in being an event sponsor for "Jazz & Cocktails... A Rx for a Cause," please reach out to us at tcarroll@ozanampharmacy.org. We will send you a sponsorship package by email or by mail. We can't wait to hear back



Ozanam needs YOU!

Do you like jazz music? Do you like to volunteer? If so, come to Ozanam Pharmacy on **February 21st at 3:30 pm** to make a difference! We desperately need volunteers to plan and coordinate our 2nd annual Spring Fundraiser "Jazz & Cocktails...A Rx for a Cause" that will be held on May 16, 2019 at the Azalea Manor.

The committee will meet every 3rd Thursday of each month at 3:30 pm at Ozanam Charitable Pharmacy conference room, 109 S. Cedar St. Mobile, AL 36602. For more information contact tcarroll@ozanampharmacy.org or 251.721.0458. Thank you.



**2 GAMES
SHOES &
FOOD INCLUDED!
BRING THE FAMILY OR
MAKE IT A DATE NIGHT!**

PROCEEDS GO TO OZANAM CHARITABLE PHARMACY

TUESDAY
FEB
12

**\$35 SINGLE
\$50 COUPLES
\$90 FOR A TEAM OF FOUR (\$22.50 PER PERSON)**

**EASTERN SHORE LANES
10460 EASTERN SHORE BLVD
SPANISH FORT, AL 36527**

6PM UNTIL 9PM

**FOR MORE INFO: 251.721.0458 OR
TCARROLL@OZANAMPHARMACY.ORG**

WWW.OZANAMPHARMACY.ORG

Happy Birthday to the volunteers and staff January through March!

Shearie Archer—January 4

Mary Ann Tuohy—January 5

Myra Sands—January 26

Nelson Summerlin—February 5

Theresa Parham—February 21

Ellen McCarron—March 11



Butterscotch Bread Pudding

- 9 cups cubed day-old white bread (about 8 slices)
- 1/2 cup chopped pecans
- 1/2 cup butterscotch chips
- 4 large eggs
- 2 cups half-and-half cream
- 1/2 cup packed brown sugar
- 1/2 cup butter, melted
- 1 teaspoon vanilla extract



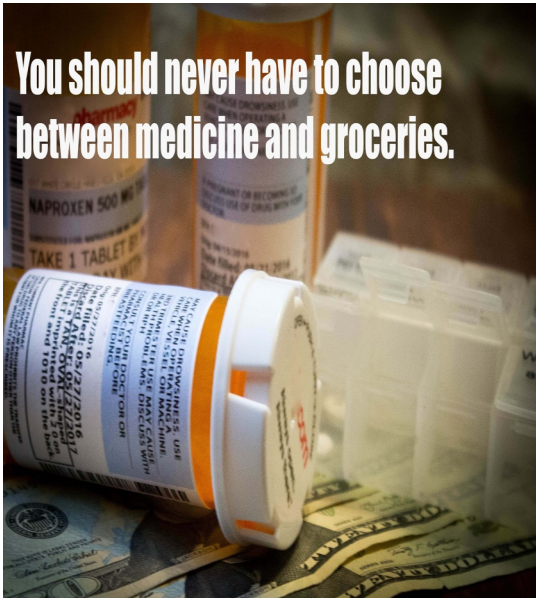
Whipped cream and butterscotch ice cream topping

Place bread, pecans and butterscotch chips in a greased 4-qt. slow cooker. In a large bowl, whisk eggs, cream, brown sugar, melted butter and vanilla until blended. Pour over bread mixture; stir gently to combine.

Cook, covered, on low until a knife inserted in center comes out clean, 3-4 hours. Serve warm with whipped cream and butterscotch topping.

Nutrition Facts: 1 serving (calculated without whipped cream and butterscotch topping): 502 calories, 30g fat (16g saturated fat), 154mg cholesterol, 384mg sodium, 47g carbohydrate (26g sugars, 2g fiber), 10g protein.

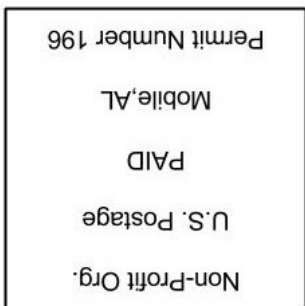
Originally published as Butterscotch Bread Pudding in Simple & Delicious February/March 2013



Ozanam Charitable Pharmacy is supported in part with donations and grants from Alabama Public Health, Baldwin County Commission, Catholic Charities, the City of Mobile, Mobile County, South Alabama Regional Planning Commission, United Way of Southwest Alabama and the U.S. Department of Housing and Urban Development.

Community support is vital to our mission. Your gift to mark an occasion or remember a deceased loved one is gratefully appreciated. Use the enclosed envelope for donations of any type or donate online at www.ozanampharmacy.org or on our Facebook page.

Return Service Requested



Ozanam Charitable Pharmacy
109 South Cedar St.
Mobile, AL 36602